★ Rate your favorite items →

pricelisto

Subway (CA)

Menu Prices — October 24, 2026

Subway (CA) menu with prices in Canada, updated March 2025: 136 items across 10 categories, prices from $1.19 to $21.49.

Restaurant & Food Industry Reports



Fast Food Industry →



Pizza Industry →



Fast Casual Industry →



Casual Dining Industry →

Competitor Price Intelligence →

Subway (CA) Menu with Prices (Canada)

Subway (CA) menu with prices in Canada, updated March 2025: 136 items across 10 categories, prices from $1.19 to $21.49. Prices are collected by PriceListo and may vary by location. See the latest prices online at ca.pricelisto.com/menu-prices/subway-ca

Menu categories: Combos · Fresh Fit · Sandwiches · Power Bowls · Snackwiches · Wraps · Breakfast · Salads · Drinks · Snacks & Sides

Combos

ITEM	PRICE
#2 Great Canadian Club (Great Canadian Club Sandwich - 6'') Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	**$14.39**
#2 Great Canadian Club (Great Canadian Club Sandwich - Footlong) Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	**$20.09**
Turkey Breast (Turkey Breast - 6'') Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	**$12.89**
Turkey Breast (Turkey Breast - Footlong) Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	**$17.69**
Steak and Cheese (Steak & Cheese - 6'') Hot, tender, shaved steak, served on the bread of your choice. It's just bursting with flavour! Toast your bread to add...	**$13.89**
Steak and Cheese (Steak & Cheese - Footlong) Hot, tender, shaved steak, served on the bread of your choice. It's just bursting with flavour! Toast your bread to add...	**$19.39**
Cold Cut Combo (Cold Cut Combo - 6'') Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats, topped with crisp v...	**$11.59**
Cold Cut Combo (Cold Cut Combo - Footlong) Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats, topped with crisp v...	**$15.89**
#5 Chicken Rancher (Chicken Rancher - 6'') A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	**$14.99**
#5 Chicken Rancher (Chicken Rancher - Footlong) A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	**$21.49**

Fresh Fit

ITEM	PRICE
Fresh Fit Rotisserie-Style Chicken Juicy Rotisserie-style chicken made with Canadian farm-raised Chicken and topped with lettuce, spinach, tomatoes, cucumb...	**$9.09**
Fresh Fit Sweet Onion Chicken Teriyaki Canadian farm-raised chicken strips topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian c...	**$9.39**
Fresh Fit Steak and Cheese Shaved steak made with Canadian Beef topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian...	**$9.79**
Fresh Fit Turkey Breast Deli-style Turkey breast made with Turkey raised on Canadian farms and topped with lettuce, spinach, tomatoes, cucumbers...	**$8.29**
Fresh Fit Tuna 100% wild caught Tuna blended with creamy mayonnaise then topped with lettuce, spinach, tomatoes, cucumbers, green peppe...	**$8.09**

Sandwiches

ITEM	PRICE
Piri-Piri Chicken (Piri-Piri Chicken (Footlong)) Indulge in our new Piri Piri Chicken BBQ sub with the perfect blend of spice and heat. Rotisserie Chicken topped with Pi...	**$16.09**

ITEM	PRICE
Piri-Piri Chicken (Piri-Piri Chicken (6'')) Indulge in our new Piri Piri Chicken BBQ sub with the perfect blend of spice and heat. Rotisserie Chicken topped with Pi...	**$10.09**
Smashed Avocado and Turkey (Smashed Avocado & Turkey (Footlong)) We’ve taken our Canadian farm-raised Deli-Style turkey topped with mayonnaise and given it a flavour boost by adding our...	**$14.69**
Smashed Avocado and Turkey (Smashed Avocado & Turkey (6'')) We’ve taken our Canadian farm-raised Deli-Style turkey topped with mayonnaise and given it a flavour boost by adding our...	**$9.29**
Bourbon BBQ Steak and Cheddar (Bourbon BBQ Steak & Cheddar (Footlong)) Try our new Bourbon BBQ Steak & Cheddar sub! Shaved steak layered with Canadian Cheddar cheese, fresh lettuce, green pep...	**$16.79**
Bourbon BBQ Steak and Cheddar (Bourbon BBQ Steak & Cheddar (6'')) Try our new Bourbon BBQ Steak & Cheddar sub! Shaved steak layered with Canadian Cheddar cheese, fresh lettuce, green pep...	**$10.49**
Nashville-Style Hot Chicken (Nashville-Style Hot Chicken (Footlong)) Try the fiery Nashville-Style Hot Chicken sub! Delve into layers of flavor with Canadian farm-raised rotisserie-style ch...	**$16.49**
Nashville-Style Hot Chicken (Nashville-Style Hot Chicken (6'')) Try the fiery Nashville-Style Hot Chicken sub! Delve into layers of flavor with Canadian farm-raised rotisserie-style ch...	**$9.99**
The Big Veggie (The Big Veggie (Footlong)) Unveiling the Big Veggie. A feast for plant-based palates! Sink your teeth into our hearty veggie patty topped with melt...	**$15.39**
The Big Veggie (The Big Veggie (6'')) Unveiling the Big Veggie. A feast for plant-based palates! Sink your teeth into our hearty veggie patty topped with melt...	**$9.29**
Turkey Breast (Turkey Breast (Footlong)) Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	**$13.49**
Turkey Breast (Turkey Breast (6'')) Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	**$8.29**
Sweet Onion Chicken Teriyaki (Sweet Onion Chicken Teriyaki (Footlong)) Our Sweet Onion Chicken Teriyaki is stuffed with teriyaki-glazed Canadian farm-raised chicken strips and fresh veggies,...	**$14.99**
Sweet Onion Chicken Teriyaki (Sweet Onion Chicken Teriyaki (6'')) Our Sweet Onion Chicken Teriyaki is stuffed with teriyaki-glazed Canadian farm-raised chicken strips and fresh veggies,...	**$9.39**
Black Forest Ham (Black Forest Ham (Footlong)) A classic that never goes out of style. Made with pork raised on Canadian farms, our deli-style Black Forest ham has nev...	**$11.69**
Black Forest Ham (Black Forest Ham (6'')) A classic that never goes out of style. Made with pork raised on Canadian farms, our deli-style Black Forest ham has nev...	**$7.39**
Italian B.M.T. (Italian B.M.T.® (Footlong)) There's a trip to Italy in every bite. This all-time Italian classic is packed with Genoa salami, spicy pepperoni, and d...	**$13.29**
Italian B.M.T. (Italian B.M.T.® (6'')) There's a trip to Italy in every bite. This all-time Italian classic is packed with Genoa salami, spicy pepperoni, and d...	**$8.29**
Steak and Cheese (Steak & Cheese (Footlong)) Hot, tender, shaved steak made with Canadian Beef, served on the bread of your choice. It's just bursting with flavour!...	**$15.39**
Steak and Cheese (Steak & Cheese (6'')) Hot, tender, shaved steak made with Canadian Beef, served on the bread of your choice. It's just bursting with flavour!...	**$9.79**
Tuna (Tuna (6'')) You’ll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayonnaise then topped wi...	**$8.09**
Tuna (Tuna (Footlong)) You’ll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayonnaise then topped wi...	**$13.09**
Veggie Delite (Veggie Delite® (Footlong)) Crispy, crunchy and classically delicious. The Veggie Delite® is proof that a veggie sandwich can be high in flavour. Tr...	**$10.69**
Veggie Delite (Veggie Delite® (6'')) Crispy, crunchy and classically delicious. The Veggie Delite® is proof that a veggie sandwich can be high in flavour. Tr...	**$6.69**

ITEM	PRICE
Cold Cut Combo (Cold Cut Combo (Footlong)) Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats made with Canadian f...	**$11.79**
Cold Cut Combo (Cold Cut Combo (6'')) Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats made with Canadian f...	**$7.09**
Pizza Sub Melt (Pizza Sub Melt (Footlong)) The Italian sandwich par excellence. Topped with marinara sauce, cheese and pepperoni. Try it toasted for even more pizz...	**$11.79**
Pizza Sub Melt (Pizza Sub Melt (6'')) The Italian sandwich par excellence. Topped with marinara sauce, cheese and pepperoni. Try it toasted for even more pizz...	**$7.39**
Veggie Patty (Veggie Patty (Footlong)) Our veggie patty is vegan and free of artificial colours and flavours. Topped with lettuce, spinach, onions, peppers, to...	**$13.79**
Veggie Patty (Veggie Patty (6'')) Our veggie patty is vegan and free of artificial colours and flavours. Topped with lettuce, spinach, onions, peppers, to...	**$8.49**
Rotisserie-Style Chicken (Rotisserie-Style Chicken (Footlong)) Try our juicy, Rotisserie-style Chicken, made with Canadian farm-raised chicken and topped with lettuce, spinach, tomato...	**$14.79**
Rotisserie-Style Chicken (Rotisserie-Style Chicken (6'')) Try our juicy, Rotisserie-style Chicken, made with Canadian farm-raised chicken and topped with lettuce, spinach, tomato...	**$9.09**
Meatball Marinara (Meatball Marinara (Footlong)) Zesty meatballs covered with marinara sauce, and served on your choice of bread. Every bite is simply sensational! Get i...	**$12.09**
Meatball Marinara (Meatball Marinara (6'')) Zesty meatballs covered with marinara sauce, and served on your choice of bread. Every bite is simply sensational! Get i...	**$7.29**
Great Canadian Club Sandwich (Great Canadian Club Sandwich (Footlong)) Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	**$16.39**
Great Canadian Club Sandwich (Great Canadian Club Sandwich (6'')) Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	**$10.39**
Chicken Rancher (Chicken Rancher (Footlong)) A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	**$17.99**
Chicken Rancher (Chicken Rancher (6'')) A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	**$10.89**
Steak'n Bacon (Steak'n Bacon (Footlong)) There's no mis-steak-ing your favourite club sandwich. Steak'n Bacon comes with Maplewood Smoked bacon and Canadian seas...	**$18.99**
Steak'n Bacon (Steak'n Bacon (6'')) There's no mis-steak-ing your favourite club sandwich. Steak'n Bacon comes with Maplewood Smoked bacon and Canadian seas...	**$11.49**
Teriyaki Crunch (Teriyaki Crunch (Footlong)) We added some crunch to this sweet & savoury favourite! The Teriyaki Crunch sandwich comes with teriyaki-glazed, Canadia...	**$16.49**
Teriyaki Crunch (Teriyaki Crunch (6'')) We added some crunch to this sweet & savoury favourite! The Teriyaki Crunch sandwich comes with teriyaki-glazed, Canadia...	**$10.09**
Bourbon Brisket (Bourbon Brisket (Footlong)) The Bourbon Brisket starts with delicious beef brisket drizzled in Bourbon BBQ sauce, green peppers, red onions and a do...	**$20.09**
Bourbon Brisket (Bourbon Brisket (6'')) The Bourbon Brisket starts with delicious beef brisket drizzled in Bourbon BBQ sauce, green peppers, red onions and a do...	**$12.09**
Fresh Fit Tuna (Sandwiches) 100% wild caught Tuna blended with creamy mayonnaise then topped with lettuce, spinach, tomatoes, cucumbers, green peppe...	**$8.09**
Fresh Fit Sweet Onion Chicken Teriyaki (Sandwiches) Canadian farm-raised chicken strips topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian c...	**$9.39**
Fresh Fit Steak and Cheese (Sandwiches) Shaved steak made with Canadian Beef topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian...	**$9.79**

ITEM	PRICE
Fresh Fit Rotisserie-Style Chicken (Sandwiches) Juicy Rotisserie-style chicken made with Canadian farm-raised Chicken and topped with lettuce, spinach, tomatoes, cucumb...	**$9.09**
Fresh Fit Turkey Breast (Sandwiches) Deli-style Turkey breast made with Turkey raised on Canadian farms and topped with lettuce, spinach, tomatoes, cucumbers...	**$8.29**

Power Bowls

ITEM	PRICE
Piri-Piri Chicken 29g of protein in a bowl with a perfect blend of spice and heat! Our Piri Piri Chicken Power Bowl is packed with Canadia...	**$13.99**
Classic Rotisserie-Style Chicken A delicious bowl packed with 29g of Protein! Our juicy Rotisserie-style Chicken Power Bowl, made with Canadian farm-rais...	**$12.99**
Classic Tuna A flavourful bowl packed with 23g of Protein! 100% wild caught tuna blended with creamy mayonnaise then topped with fres...	**$11.99**
Classic Steak 26g of Protein in our Classic Steak Power Bowl! Shaved steak made with Canadian Beef, served with fresh veggies, beans a...	**$13.69**
Classic Veggie Delite Crispy, crunchy and classically delicious with 16g of protein! Our Veggie Delite® Power Bowl is a delectable combination...	**$10.59**
Classic Sweet Onion Chicken Teriyaki 27g of Protein in a flavourful bowl! Our Sweet Onion Chicken Teriyaki Power Bowl is packed with teriyaki glazed chicken...	**$13.29**
Southwest Steak Enjoy 26g of Protein in our Southwest Steak Power Bowl! Shaved steak made with Canadian Beef, served with fresh veggies,...	**$14.49**

Snackwiches

ITEM	PRICE
Turkey Ranch Snackwich Made with deli-style turkey, processed cheddar cheese, spinach and tomato, drizzled with peppercorn ranch all sandwiched...	**$4.69**
Honey Mustard Ham Snackwich Made with deli-style ham, processed cheddar cheese, lettuce, tomato, red onion, pickles and our smokey honey mustard ser...	**$4.69**
BLT Snackwich Bacon, lettuce, tomatoes and Canadian cheddar cheese drizzled with mayo, sandwiched between ciabatta bread.	**$4.69**
Three Cheese Snackwich Canadian cheddar cheese, processed cheddar cheese and Monterey shredded cheese toasted on ciabatta bread.	**$4.69**

Wraps

ITEM	PRICE
Veggie Delite Try a delicious combination of fresh veggies and house sandwich sauce to tantalize your taste buds with our Veggie Delit...	**$6.69**
Steak and Cheese Our Classic Steak & Cheese Wrap is made with Canadian seasoned steak, processed cheese, a selection of fresh veggies and...	**$9.79**
Rotisserie-style Chicken Featuring our Canadian farm-raised Rotisserie-style Chicken, this wrap has a selection of fresh veggies and our zesty Pe...	**$9.09**
Sweet Onion Chicken Teriyaki Sweet and savoury, for those on the go! Our Sweet Onion Chicken Teriyaki Wrap is stuffed with teriyaki glazed chicken st...	**$9.39**
Chicken Rancher Elevate your taste buds to new heights with our Chicken Rancher Wrap. Featuring Canadian farm-raised chicken and pork, i...	**$10.89**

Breakfast

ITEM	PRICE
Sausage and Egg Made with Canadian eggs, a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all s...	**$5.89**
Bacon and Egg Made with Canadian eggs, maplewood smoked bacon, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all...	**$5.89**
Cheese and Egg Made with Canadian eggs, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all sandwiched between ciab...	**$4.69**
Sausage and Cheese Made with a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all sandwiched betwe...	**$3.49**
Ham and Egg Made with Canadian eggs, deli-style ham, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all sandwic...	**$5.89**
Sausage and Cheese (Sausage & Cheese (Footlong)) Made with a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo.	**$9.49**
Sausage and Cheese (Sausage & Cheese (6'')) Made with a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo.	**$5.79**
Ham and Egg (Ham & Egg (6'')) You'll love every bite of our Egg & Ham sandwich. Made with Canadian eggs, deli-style Black Forest ham made with pork ra...	**$7.29**
Ham and Egg (Ham & Egg (Footlong)) You'll love every bite of our Egg & Ham sandwich. Made with Canadian eggs, deli-style Black Forest ham made with pork ra...	**$10.89**
Cheese and Egg (Cheese & Egg (6'')) Once you try our Egg & Cheese sandwich, you'll never look back. Made with Canadian eggs, and processed white cheddar. So...	**$6.79**
Cheese and Egg (Cheese & Egg (Footlong)) Once you try our Egg & Cheese sandwich, you'll never look back. Made with Canadian eggs, and processed white cheddar. So...	**$10.59**
Bacon and Egg (Bacon & Egg (6'')) Our Egg & Bacon sandwich will leave you wanting seconds. Made with Canadian eggs, tasty Maplewood smoked bacon made from...	**$7.29**
Bacon and Egg (Bacon & Egg (Footlong)) Our Egg & Bacon sandwich will leave you wanting seconds. Made with Canadian eggs, tasty Maplewood smoked bacon made from...	**$10.89**
Sausage and Egg (Sausage & Egg (6'')) Power through any day with our Egg & Sausage sandwich. Made with Canadian eggs, sausage, and processed white cheddar che...	**$7.29**
Sausage and Egg (Sausage & Egg (Footlong)) Power through any day with our Egg & Sausage sandwich. Made with Canadian eggs, sausage, and processed white cheddar che...	**$10.89**

Salads

ITEM	PRICE
Rotisserie-style Chicken (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	**$11.49**
Steak and Cheese (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	**$12.09**
Sweet Onion Chicken Teriyaki (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	**$11.79**
Tuna Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	**$10.59**
Veggie Delite (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	**$9.09**

Drinks

ITEM	PRICE
Dr Pepper Zero Sugar	**$3.49**
Rockstar Fruit Punched	**$4.99**
Celsius Peach Vibe	**$4.99**
Pepsi Zero Sugar	**$3.49**
Brisk Lemon Iced Tea	**$3.49**
Aquafina Water	**$3.49**
Diet Pepsi	**$3.49**
Dr Pepper	**$3.49**
G2 Fruit Punch	**$3.49**
Gatorade Cool Blue	**$3.49**
MTN Dew	**$3.49**
Pepsi	**$3.49**
Pure Leaf Lemon Iced Tea	**$3.49**
Tropicana Apple Juice	**$3.49**
Tropicana Orange Juice	**$3.49**
Brisk Lemonade	**$3.49**

Snacks & Sides

ITEM	PRICE
Turkey Ranch Snackwich (Snacks & Sides) Made with deli-style turkey, processed cheddar cheese, spinach and tomato, drizzled with peppercorn ranch all sandwiched...	**$4.69**
Honey Mustard Ham Snackwich (Snacks & Sides) Made with deli-style ham, processed cheddar cheese, lettuce, tomato, red onion, pickles and our smokey honey mustard ser...	**$4.69**
BLT Snackwich (Snacks & Sides) Bacon, lettuce, tomatoes and Canadian cheddar cheese drizzled with mayo, sandwiched between ciabatta bread.	**$4.69**
Three Cheese Snackwich (Snacks & Sides) Canadian cheddar cheese, processed cheddar cheese and Monterey shredded cheese toasted on ciabatta bread.	**$4.69**
Fiesta Beans and Corn Side Salad A new side salad made with fresh and nutritious beans, corn, spices and chopped veggies with a smoky chipotle flavour.	**$3.49**
Miss Vickie's Sweet Chili and Sour Cream	**$2.59**
Miss Vickies Harvest Cheddar Jalapeño Chips	**$2.59**
SunChips Harvest Cheddar	**$2.59**
RUFFLES All Dressed Flavour Potato Chips	**$2.59**
Potato Rings Crispy potato rings made with Canadian potatoes - perfect for dipping and snacking!	**$2.39**
Miss Vickie's Sea Salt and Malt Vinegar	**$2.59**

ITEM	PRICE
12-Pack Chocolate Chunk Cookies As delicious as our sandwiches are, our cookies are always a great addition to a delicious meal. Tender and moist, it is...	**$8.39**
6-Pack Chocolate Chunk Cookies As delicious as our sandwiches are, our cookies are always a great addition to a delicious meal. Tender and moist, it is...	**$5.49**
Chocolate Chip with MandM's Candies As delicious as our sandwiches are, they are even better when paired with the perfect side and drink. Our sides run from...	**$1.19**
Chocolate Chunk Cookie, Chocolate Chunk	**$1.19**
Doritos Nacho Cheese	**$2.59**
Double Chocolate	**$1.19**
Lay's Classic	**$2.59**
Lay's Oven Baked Original	**$2.59**
White Chip Macadamia Nut White Chip Macadamia Nut Cookies	**$1.19**