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Subway (CA)

Menu Prices — July 31, 2026

Restaurant & Food Industry Reports

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US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

[Fast Food Industry →](#)

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The 2025 US Pizza Restaurants & Industry Trends Report

[Pizza Industry →](#)

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The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

[Fast Casual Industry →](#)

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2025 US Dining Restaurants & Industry

MARKET RESEARCH

[Casual Dining Industry →](#)

[Competitor Price Intelligence →](#)

Combos	
ITEM	PRICE
#2 Great Canadian Club (Great Canadian Club Sandwich - 6") Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	\$14.39
#2 Great Canadian Club (Great Canadian Club Sandwich - Footlong) Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	\$20.09
Turkey Breast (Turkey Breast - 6") Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	\$12.89
Turkey Breast (Turkey Breast - Footlong) Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	\$17.69
Steak and Cheese (Steak & Cheese - 6") Hot, tender, shaved steak, served on the bread of your choice. It's just bursting with flavour! Toast your bread to add...	\$13.89
Steak and Cheese (Steak & Cheese - Footlong) Hot, tender, shaved steak, served on the bread of your choice. It's just bursting with flavour! Toast your bread to add...	\$19.39
Cold Cut Combo (Cold Cut Combo - 6") Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats, topped with crisp v...	\$11.59
Cold Cut Combo (Cold Cut Combo - Footlong) Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats, topped with crisp v...	\$15.89
#5 Chicken Rancher (Chicken Rancher - 6") A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	\$14.99
#5 Chicken Rancher (Chicken Rancher - Footlong) A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	\$21.49

Fresh Fit	
ITEM	PRICE
Fresh Fit Rotisserie-Style Chicken Juicy Rotisserie-style chicken made with Canadian farm-raised Chicken and topped with lettuce, spinach, tomatoes, cucumb...	\$9.09
Fresh Fit Sweet Onion Chicken Teriyaki Canadian farm-raised chicken strips topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian c...	\$9.39
Fresh Fit Steak and Cheese Shaved steak made with Canadian Beef topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian...	\$9.79
Fresh Fit Turkey Breast Deli-style Turkey breast made with Turkey raised on Canadian farms and topped with lettuce, spinach, tomatoes, cucumbers...	\$8.29
Fresh Fit Tuna 100% wild caught Tuna blended with creamy mayonnaise then topped with lettuce, spinach, tomatoes, cucumbers, green peppe...	\$8.09

Sandwiches	
ITEM	PRICE
Piri-Piri Chicken (Piri-Piri Chicken (Footlong)) Indulge in our new Piri Piri Chicken BBQ sub with the perfect blend of spice and heat. Rotisserie Chicken topped with Pi...	\$16.09
Piri-Piri Chicken (Piri-Piri Chicken (6")) Indulge in our new Piri Piri Chicken BBQ sub with the perfect blend of spice and heat. Rotisserie Chicken topped with Pi...	\$10.09
Smashed Avocado and Turkey (Smashed Avocado & Turkey (Footlong)) We've taken our Canadian farm-raised Deli-Style turkey topped with mayonnaise and given it a flavour boost by adding our...	\$14.69
Smashed Avocado and Turkey (Smashed Avocado & Turkey (6")) We've taken our Canadian farm-raised Deli-Style turkey topped with mayonnaise and given it a flavour boost by adding our...	\$9.29

ITEM	PRICE
Bourbon BBQ Steak and Cheddar (Bourbon BBQ Steak & Cheddar (Footlong))	\$16.79
Try our new Bourbon BBQ Steak & Cheddar sub! Shaved steak layered with Canadian Cheddar cheese, fresh lettuce, green pep...	
Bourbon BBQ Steak and Cheddar (Bourbon BBQ Steak & Cheddar (6"))	\$10.49
Try our new Bourbon BBQ Steak & Cheddar sub! Shaved steak layered with Canadian Cheddar cheese, fresh lettuce, green pep...	
Nashville-Style Hot Chicken (Nashville-Style Hot Chicken (Footlong))	\$16.49
Try the fiery Nashville-Style Hot Chicken sub! Delve into layers of flavor with Canadian farm-raised rotisserie-style ch...	
Nashville-Style Hot Chicken (Nashville-Style Hot Chicken (6"))	\$9.99
Try the fiery Nashville-Style Hot Chicken sub! Delve into layers of flavor with Canadian farm-raised rotisserie-style ch...	
The Big Veggie (The Big Veggie (Footlong))	\$15.39
Unveiling the Big Veggie. A feast for plant-based palates! Sink your teeth into our hearty veggie patty topped with melt...	
The Big Veggie (The Big Veggie (6"))	\$9.29
Unveiling the Big Veggie. A feast for plant-based palates! Sink your teeth into our hearty veggie patty topped with melt...	
Turkey Breast (Turkey Breast (Footlong))	\$13.49
Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	
Turkey Breast (Turkey Breast (6"))	\$8.29
Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Can...	
Sweet Onion Chicken Teriyaki (Sweet Onion Chicken Teriyaki (Footlong))	\$14.99
Our Sweet Onion Chicken Teriyaki is stuffed with teriyaki-glazed Canadian farm-raised chicken strips and fresh veggies,...	
Sweet Onion Chicken Teriyaki (Sweet Onion Chicken Teriyaki (6"))	\$9.39
Our Sweet Onion Chicken Teriyaki is stuffed with teriyaki-glazed Canadian farm-raised chicken strips and fresh veggies,...	
Black Forest Ham (Black Forest Ham (Footlong))	\$11.69
A classic that never goes out of style. Made with pork raised on Canadian farms, our deli-style Black Forest ham has nev...	
Black Forest Ham (Black Forest Ham (6"))	\$7.39
A classic that never goes out of style. Made with pork raised on Canadian farms, our deli-style Black Forest ham has nev...	
Italian B.M.T. (Italian B.M.T.® (Footlong))	\$13.29
There's a trip to Italy in every bite. This all-time Italian classic is packed with Genoa salami, spicy pepperoni, and d...	
Italian B.M.T. (Italian B.M.T.® (6"))	\$8.29
There's a trip to Italy in every bite. This all-time Italian classic is packed with Genoa salami, spicy pepperoni, and d...	
Steak and Cheese (Steak & Cheese (Footlong))	\$15.39
Hot, tender, shaved steak made with Canadian Beef, served on the bread of your choice. It's just bursting with flavour!...	
Steak and Cheese (Steak & Cheese (6"))	\$9.79
Hot, tender, shaved steak made with Canadian Beef, served on the bread of your choice. It's just bursting with flavour!...	
Tuna (Tuna (6"))	\$8.09
You'll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayonnaise then topped wi...	
Tuna (Tuna (Footlong))	\$13.09
You'll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayonnaise then topped wi...	
Veggie Delite (Veggie Delite® (Footlong))	\$10.69
Crispy, crunchy and classically delicious. The Veggie Delite® is proof that a veggie sandwich can be high in flavour. Tr...	
Veggie Delite (Veggie Delite® (6"))	\$6.69
Crispy, crunchy and classically delicious. The Veggie Delite® is proof that a veggie sandwich can be high in flavour. Tr...	
Cold Cut Combo (Cold Cut Combo (Footlong))	\$11.79
Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats made with Canadian f...	
Cold Cut Combo (Cold Cut Combo (6"))	\$7.09
Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats made with Canadian f...	
Pizza Sub Melt (Pizza Sub Melt (Footlong))	\$11.79
The Italian sandwich par excellence. Topped with marinara sauce, cheese and pepperoni. Try it toasted for even more pizz...	

ITEM	PRICE
Pizza Sub Melt (Pizza Sub Melt (6")) The Italian sandwich par excellence. Topped with marinara sauce, cheese and pepperoni. Try it toasted for even more pizz...	\$7.39
Veggie Patty (Veggie Patty (Footlong)) Our veggie patty is vegan and free of artificial colours and flavours. Topped with lettuce, spinach, onions, peppers, to...	\$13.79
Veggie Patty (Veggie Patty (6")) Our veggie patty is vegan and free of artificial colours and flavours. Topped with lettuce, spinach, onions, peppers, to...	\$8.49
Rotisserie-Style Chicken (Rotisserie-Style Chicken (Footlong)) Try our juicy, Rotisserie-style Chicken, made with Canadian farm-raised chicken and topped with lettuce, spinach, tomato...	\$14.79
Rotisserie-Style Chicken (Rotisserie-Style Chicken (6")) Try our juicy, Rotisserie-style Chicken, made with Canadian farm-raised chicken and topped with lettuce, spinach, tomato...	\$9.09
Meatball Marinara (Meatball Marinara (Footlong)) Zesty meatballs covered with marinara sauce, and served on your choice of bread. Every bite is simply sensational! Get i...	\$12.09
Meatball Marinara (Meatball Marinara (6")) Zesty meatballs covered with marinara sauce, and served on your choice of bread. Every bite is simply sensational! Get i...	\$7.29
Great Canadian Club Sandwich (Great Canadian Club Sandwich (Footlong)) Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	\$16.39
Great Canadian Club Sandwich (Great Canadian Club Sandwich (6")) Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked...	\$10.39
Chicken Rancher (Chicken Rancher (Footlong)) A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	\$17.99
Chicken Rancher (Chicken Rancher (6")) A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with roti...	\$10.89
Steak'n Bacon (Steak'n Bacon (Footlong)) There's no mis-steak-ing your favourite club sandwich. Steak'n Bacon comes with Maplewood Smoked bacon and Canadian seas...	\$18.99
Steak'n Bacon (Steak'n Bacon (6")) There's no mis-steak-ing your favourite club sandwich. Steak'n Bacon comes with Maplewood Smoked bacon and Canadian seas...	\$11.49
Teriyaki Crunch (Teriyaki Crunch (Footlong)) We added some crunch to this sweet & savoury favourite! The Teriyaki Crunch sandwich comes with teriyaki-glazed, Canadia...	\$16.49
Teriyaki Crunch (Teriyaki Crunch (6")) We added some crunch to this sweet & savoury favourite! The Teriyaki Crunch sandwich comes with teriyaki-glazed, Canadia...	\$10.09
Bourbon Brisket (Bourbon Brisket (Footlong)) The Bourbon Brisket starts with delicious beef brisket drizzled in Bourbon BBQ sauce, green peppers, red onions and a do...	\$20.09
Bourbon Brisket (Bourbon Brisket (6")) The Bourbon Brisket starts with delicious beef brisket drizzled in Bourbon BBQ sauce, green peppers, red onions and a do...	\$12.09
Fresh Fit Tuna (Sandwiches) 100% wild caught Tuna blended with creamy mayonnaise then topped with lettuce, spinach, tomatoes, cucumbers, green peppe...	\$8.09
Fresh Fit Sweet Onion Chicken Teriyaki (Sandwiches) Canadian farm-raised chicken strips topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian c...	\$9.39
Fresh Fit Steak and Cheese (Sandwiches) Shaved steak made with Canadian Beef topped with lettuce, spinach, tomatoes, cucumbers, green peppers, onions, Canadian...	\$9.79
Fresh Fit Rotisserie-Style Chicken (Sandwiches) Juicy Rotisserie-style chicken made with Canadian farm-raised Chicken and topped with lettuce, spinach, tomatoes, cucumb...	\$9.09
Fresh Fit Turkey Breast (Sandwiches) Deli-style Turkey breast made with Turkey raised on Canadian farms and topped with lettuce, spinach, tomatoes, cucumbers...	\$8.29

Power Bowls

ITEM	PRICE
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Piri-Piri Chicken	\$13.99
29g of protein in a bowl with a perfect blend of spice and heat! Our Piri Piri Chicken Power Bowl is packed with Canada...	
Classic Rotisserie-Style Chicken	\$12.99
A delicious bowl packed with 29g of Protein! Our juicy Rotisserie-style Chicken Power Bowl, made with Canadian farm-rais...	
Classic Tuna	\$11.99
A flavourful bowl packed with 23g of Protein! 100% wild caught tuna blended with creamy mayonnaise then topped with fres...	
Classic Steak	\$13.69
26g of Protein in our Classic Steak Power Bowl! Shaved steak made with Canadian Beef, served with fresh veggies, beans a...	
Classic Veggie Delite	\$10.59
Crispy, crunchy and classically delicious with 16g of protein! Our Veggie Delite® Power Bowl is a delectable combination...	
Classic Sweet Onion Chicken Teriyaki	\$13.29
27g of Protein in a flavourful bowl! Our Sweet Onion Chicken Teriyaki Power Bowl is packed with teriyaki glazed chicken...	
Southwest Steak	\$14.49
Enjoy 26g of Protein in our Southwest Steak Power Bowl! Shaved steak made with Canadian Beef, served with fresh veggies,...	

Snackwiches

ITEM	PRICE
Turkey Ranch Snackwich	\$4.69
Made with deli-style turkey, processed cheddar cheese, spinach and tomato, drizzled with peppercorn ranch all sandwiched...	
Honey Mustard Ham Snackwich	\$4.69
Made with deli-style ham, processed cheddar cheese, lettuce, tomato, red onion, pickles and our smokey honey mustard ser...	
BLT Snackwich	\$4.69
Bacon, lettuce, tomatoes and Canadian cheddar cheese drizzled with mayo, sandwiched between ciabatta bread.	
Three Cheese Snackwich	\$4.69
Canadian cheddar cheese, processed cheddar cheese and Monterey shredded cheese toasted on ciabatta bread.	

Wraps

ITEM	PRICE
Veggie Delite	\$6.69
Try a delicious combination of fresh veggies and house sandwich sauce to tantalize your taste buds with our Veggie Delit...	
Steak and Cheese	\$9.79
Our Classic Steak & Cheese Wrap is made with Canadian seasoned steak, processed cheese, a selection of fresh veggies and...	
Rotisserie-style Chicken	\$9.09
Featuring our Canadian farm-raised Rotisserie-style Chicken, this wrap has a selection of fresh veggies and our zesty Pe...	
Sweet Onion Chicken Teriyaki	\$9.39
Sweet and savoury, for those on the go! Our Sweet Onion Chicken Teriyaki Wrap is stuffed with teriyaki glazed chicken st...	
Chicken Rancher	\$10.89
Elevate your taste buds to new heights with our Chicken Rancher Wrap. Featuring Canadian farm-raised chicken and pork, i...	

Breakfast

ITEM	PRICE
Sausage and Egg	\$5.89
Made with Canadian eggs, a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all s...	
Bacon and Egg	\$5.89
Made with Canadian eggs, maplewood smoked bacon, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all...	
Cheese and Egg	\$4.69
Made with Canadian eggs, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all sandwiched between ciab...	

ITEM	PRICE
Sausage and Cheese Made with a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all sandwiched betwe...	\$3.49
Ham and Egg Made with Canadian eggs, deli-style ham, processed cheddar cheese, spinach, tomatoes and drizzled with mayo, all sandwic...	\$5.89
Sausage and Cheese (Sausage & Cheese (Footlong)) Made with a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo.	\$9.49
Sausage and Cheese (Sausage & Cheese (6")) Made with a pork sausage patty, processed cheddar cheese, spinach, tomatoes and drizzled with mayo.	\$5.79
Ham and Egg (Ham & Egg (6")) You'll love every bite of our Egg & Ham sandwich. Made with Canadian eggs, deli-style Black Forest ham made with pork ra...	\$7.29
Ham and Egg (Ham & Egg (Footlong)) You'll love every bite of our Egg & Ham sandwich. Made with Canadian eggs, deli-style Black Forest ham made with pork ra...	\$10.89
Cheese and Egg (Cheese & Egg (6")) Once you try our Egg & Cheese sandwich, you'll never look back. Made with Canadian eggs, and processed white cheddar. So...	\$6.79
Cheese and Egg (Cheese & Egg (Footlong)) Once you try our Egg & Cheese sandwich, you'll never look back. Made with Canadian eggs, and processed white cheddar. So...	\$10.59
Bacon and Egg (Bacon & Egg (6")) Our Egg & Bacon sandwich will leave you wanting seconds. Made with Canadian eggs, tasty Maplewood smoked bacon made from...	\$7.29
Bacon and Egg (Bacon & Egg (Footlong)) Our Egg & Bacon sandwich will leave you wanting seconds. Made with Canadian eggs, tasty Maplewood smoked bacon made from...	\$10.89
Sausage and Egg (Sausage & Egg (6")) Power through any day with our Egg & Sausage sandwich. Made with Canadian eggs, sausage, and processed white cheddar che...	\$7.29
Sausage and Egg (Sausage & Egg (Footlong)) Power through any day with our Egg & Sausage sandwich. Made with Canadian eggs, sausage, and processed white cheddar che...	\$10.89

Salads

ITEM	PRICE
Rotisserie-style Chicken (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	\$11.49
Steak and Cheese (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	\$12.09
Sweet Onion Chicken Teriyaki (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	\$11.79
Tuna Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	\$10.59
Veggie Delite (Salads) Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce,...	\$9.09

Drinks

ITEM	PRICE
Dr Pepper Zero Sugar	\$3.49
Rockstar Fruit Punched	\$4.99
Celsius Peach Vibe	\$4.99
Pepsi Zero Sugar	\$3.49

ITEM	PRICE
Brisk Lemon Iced Tea	\$3.49
Aquafina Water	\$3.49
Diet Pepsi	\$3.49
Dr Pepper	\$3.49
G2 Fruit Punch	\$3.49
Gatorade Cool Blue	\$3.49
MTN Dew	\$3.49
Pepsi	\$3.49
Pure Leaf Lemon Iced Tea	\$3.49
Tropicana Apple Juice	\$3.49
Tropicana Orange Juice	\$3.49
Brisk Lemonade	\$3.49

Snacks & Sides

ITEM	PRICE
Turkey Ranch Snackwich (Snacks & Sides) Made with deli-style turkey, processed cheddar cheese, spinach and tomato, drizzled with peppercorn ranch all sandwiched...	\$4.69
Honey Mustard Ham Snackwich (Snacks & Sides) Made with deli-style ham, processed cheddar cheese, lettuce, tomato, red onion, pickles and our smokey honey mustard ser...	\$4.69
BLT Snackwich (Snacks & Sides) Bacon, lettuce, tomatoes and Canadian cheddar cheese drizzled with mayo, sandwiched between ciabatta bread.	\$4.69
Three Cheese Snackwich (Snacks & Sides) Canadian cheddar cheese, processed cheddar cheese and Monterey shredded cheese toasted on ciabatta bread.	\$4.69
Fiesta Beans and Corn Side Salad A new side salad made with fresh and nutritious beans, corn, spices and chopped veggies with a smoky chipotle flavour.	\$3.49
Miss Vickie's Sweet Chili and Sour Cream	\$2.59
Miss Vickies Harvest Cheddar Jalapeño Chips	\$2.59
SunChips Harvest Cheddar	\$2.59
RUFFLES All Dressed Flavour Potato Chips	\$2.59
Potato Rings Crispy potato rings made with Canadian potatoes - perfect for dipping and snacking!	\$2.39
Miss Vickie's Sea Salt and Malt Vinegar	\$2.59
12-Pack Chocolate Chunk Cookies As delicious as our sandwiches are, our cookies are always a great addition to a delicious meal. Tender and moist, it is...	\$8.39
6-Pack Chocolate Chunk Cookies As delicious as our sandwiches are, our cookies are always a great addition to a delicious meal. Tender and moist, it is...	\$5.49
Chocolate Chip with MandM's Candies As delicious as our sandwiches are, they are even better when paired with the perfect side and drink. Our sides run from...	\$1.19
Chocolate Chunk Cookie, Chocolate Chunk	\$1.19

ITEM	PRICE
Doritos Nacho Cheese	\$2.59
Double Chocolate	\$1.19
Lay's Classic	\$2.59
Lay's Oven Baked Original	\$2.59
White Chip Macadamia Nut	\$1.19
White Chip Macadamia Nut Cookies	