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QUIZNOS

Quiznos (CA)

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports

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US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

[Fast Food Industry →](#)

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The 2025 US Pizza Restaurants & Industry Trends Report



[Pizza Industry →](#)

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The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

[Fast Casual Industry →](#)

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2025 US Dining Restaurants & Industry

MARKET RESEARCH

[Casual Dining Industry →](#)

[Competitor Price Intelligence →](#)

Most Ordered

ITEM	PRICE
Broccoli Cheddar Soup Cup: 150 Cals ; Bowl: 250 Cals	\$6.79
Chicken Carbonara Sub Oven roasted chicken breast strips, Bacon, Mozzarella Cheese, Sautéed Mushrooms, Creamy Alfredo Sauce. 570-1220 Cals.	\$12.25
Honey Bacon Club Sub Turkey, Ham, Bacon, Swiss cheese, Shredded Lettuce, Tomato, Red Onion, Honey French Dressing. 530-1150 Cals.	\$10.99
Chipotle Steak and Cheddar Black Angus Steak, Cheddar, Sautéed Green Peppers, Sautéed Onions, Jalapeno peppers , Chipotle Mayo... 540-1140 Cals	\$13.50
Peppercorn Steak Sub Black Angus Steak, Sautéed Onions, Mozzarella cheese, Mild Peppercorn. 560-1190 Cals.	\$13.50
Black Angus Sub Black Angus Steak, Mozzarella and Cheddar cheese, Sautéed Mushrooms and Onions with Honey Bourbon dressing and Zesty Gri...	\$13.50
Classic Italian Sub Capicola, Salami, Ham, Pepperoni, Mozzarella, Shredded Lettuce, Tomato, Red Onions, Olives, Banana peppers, Red Wine Vin...	\$10.99
Classic Club Turkey, Ham, Bacon, Cheddar cheese, Shredded Lettuce, Tomato, Mayo. 470-1020 Cals.	\$10.99
Mesquite Chicken Sub Oven roasted chicken breast strips, Bacon, Cheddar Cheese, Tomato, Red Onion, Shredded lettuce, Ranch dressing. 520-1120...	\$12.25
Turkey Ranch and Swiss Sub Turkey, Swiss cheese, Tomato, Red Onion, Shredded Lettuce, Ranch dressing. 440-950 Cals.	\$10.99
Nanaimo Bar 115 g (560 Cals)	\$6.61
Brownie Bar 118 g (510 Cals)	\$6.61

Deli Classics

ITEM	PRICE
Honey Bacon Club Sub (Deli Classics) Turkey, Ham, Bacon, Swiss cheese, Shredded Lettuce, Tomato, Red Onion, Honey French Dressing. 530-1150 Cals.	\$10.99
Classic Club (Deli Classics) Turkey, Ham, Bacon, Cheddar cheese, Shredded Lettuce, Tomato, Mayo. 470-1020 Cals.	\$10.99
Classic Italian Sub (Deli Classics) Capicola, Salami, Ham, Pepperoni, Mozzarella, Shredded Lettuce, Tomato, Red Onions, Olives, Banana peppers, Red Wine Vin...	\$10.99
Turkey Bacon Guacamole Sub Turkey, Bacon, Guacamole, Mozzarella cheese, Shredded lettuce, Tomato, Red Onion, Ranch dressing. 520-1110 Cals.	\$10.99
Veggie Guacamole Sub Mozzarella Cheese, Cheddar Cheese, Guacamole, Tomato, Black Olives, Mushrooms, Red Onion, Shredded Lettuce, Red Wine Vin...	\$10.99
Signature Tuna Cheddar, tomato, Red win Vinaigrette. 510-1100 Cals.	\$10.99
Classic Ham and Cheese Ham, Bacon, Cheddar Cheese, Shredded Lettuce, Tomato , Mayo ...470-1020 Cals	\$10.99
Signature Meatball Meatball, Mozzarella Cheese, Marinara Sauce. 590-1180 Cals.	\$10.99

ITEM	PRICE
Turkey Ranch and Swiss Sub (Deli Classics)	\$10.99
Turkey, Swiss cheese, Tomato, Red Onion, Shredded Lettuce, Ranch dressing. 440-950 Cals.	
The Traditional Sub	\$10.99
Black Angus, Turkey, Ham, Cheddar cheese, Shredded Lettuce, Tomato, Red Onions, Olives, Ranch Dressing. 470-1020 Cals.	
Chicken Subs	
Mesquite Chicken Sub (Chicken Subs)	\$12.25
Oven roasted chicken breast strips, Bacon, Cheddar Cheese, Tomato, Red Onion, Shredded lettuce, Ranch dressing. 520-1120...	
Chipotle Chicken Sub	\$12.25
Oven roasted Chicken breast strips, Bacon, Cheddar Cheese, Red Onions, Chipotle Mayo...530-1130 Cals	
Baja Chicken Sub	\$12.25
Oven roasted chicken breast strips, Bacon, Cheddar Cheese, Red Onions, BBQ Sauce, Chipotle Mayo. 530-1130 Cals.	
Honey Bourbon Chicken	\$12.25
Oven roasted chicken breast strips , Tomato, Red Onion, Shredded Lettuce, Honey Bourbon Mustard, Zesty Grille Sauce. 370...	
Chicken Carbonara Sub (Chicken Subs)	\$12.25
Oven roasted chicken breast strips, Bacon, Mozzarella Cheese, Sautéed Mushrooms, Creamy Alfredo Sauce. 570-1220 Cals.	
Honey Mustard Chicken	\$12.25
Oven roasted chicken breast strips, Bacon, Swiss cheese, Tomato, Red Onions, Shredded lettuce with a Honey mustard dress...	
Black Angus Steak	
Chipotle Steak and Cheddar (Black Angus Steak)	\$13.50
Black Angus Steak, Cheddar, Sautéed Green Peppers, Sautéed Onions, Jalapeno peppers , Chipotle Mayo... 540-1140 Cals	
Peppercorn Steak Sub (Black Angus Steak)	\$13.50
Black Angus Steak, Sautéed Onions, Mozzarella cheese, Mild Peppercorn. 560-1190 Cals.	
Beef and Swiss Melt Sub	\$13.50
Black Angus Steak, with Sautéed Mushrooms, Bacon Alfredo sauce on Garlic Toast. 540-1160 Cals.	
Black Angus Sub (Black Angus Steak)	\$13.50
Black Angus Steak, Mozzarella and Cheddar cheese, Sautéed Mushrooms and Onions with Honey Bourbon dressing and Zesty Gri...	
Extra Quiznos Chef Inspired Sauces	
Quiznos List Of Sauces	\$1.20
Choice of (0.75 oz or 1.5 oz) -In the Sub OR -By the side in a Container	
Flatbread Pizzas	
Big Pepperoni Pizza Flatbread	\$8.99
Pepperoni, Mozzarella & Cheddar Cheese, Mushrooms, with our Quiznos Marinara Sauce on Toasty flatbread. 520 Cals.	
BBQ Chicken Pizza Flatbread	\$8.99
Oven roasted chicken breast strips, Bacon, Cheddar & Mozzarella Cheese, Red Onion, BBQ Sauce. 520 Cals.	
Italian Pizza Flatbread	\$8.99
Pepperoni, Salami, Capicola, Ham, Mozzarella and Cheddar Cheese, with our Quiznos Marinara Sauce. 520 Cals.	

ITEM	PRICE
Carbonara Pizza Flatbread Oven roasted chicken breast strips, Bacon, Cheddar & Mozzarella with our Quiznos Alfredo sauce. 520 Cals	\$8.99
Veggie Pizza Flatbread Mushroom, Black Olives, Green Peppers, Shredded Cheddar & Mozzarella with our Quiznos Marinara Sauce	\$8.99
Sammie Pita Breads	
ITEM	PRICE
Cool Ranch Chicken Sammie Oven roasted chicken breast strips, Bacon, Cheddar Cheese, Lettuce, Tomato, Ranch Dressing. 350 Cals.	\$6.65
BBQ Black Angus Steak Sammie Black Angus Steak, Onions, Green Peppers, Lettuce, BBQ Sauce. 250 Cals.	\$6.65
Chipotle Chicken Sammie Oven roasted chicken breast strips, Cheddar Cheese, Lettuce, Jalapeño Peppers, Chipotle Mayo. 360 Cals.	\$6.65
Kids' Meals	
ITEM	PRICE
Kids' Turkey and Cheese Turkey and cheddar cheese on toasted Sub. 330-380 Cals.	\$10.99
Kids' Ham and Cheese Ham and Cheddar cheese on Toasted Sub. 470-420 Cals.	\$10.99
Kids' Cheesy Cheese Melted cheddar and mozzarella on Toasted Sub. 400-450 Cals.	\$10.99
Salads	
ITEM	PRICE
Honey of a Chef Salad Turkey, Ham, Bacon, Swiss cheese, tomato, cucumber, tossed in a Honey French Dressing. Side: 380 Cals, Entrée: 490 Cals.	\$8.99
Mediterranean Chicken Salad Oven roasted chicken breast strips, Mozzarella cheese, Tomato, Onions, Black Olives, tossed in a Red Wine Vinaigrette. S...	\$8.99
Honey Mustard Chicken Salad Oven Roasted Chicken Breast Strips, Bacon, Cheddar cheese, sliced red onion, tomatoes tossed in a Honey Mustard Dressing...	\$8.99
Soups	
ITEM	PRICE
Broccoli Cheddar Soup (Soups) Cup: 150 Cals ; Bowl: 250 Cals	\$6.79
Chili Cup: 200 Cals, Bowl: 330 Cals.	\$6.79
Desserts	
ITEM	PRICE
Macaroon Madness Bar 118 g (520 Cals)	\$6.61

ITEM	PRICE
Brownie Bar (Desserts) 118 g (510 Cals)	\$6.61
Nanaimo Bar (Desserts) 115 g (560 Cals)	\$6.61
Chips	
ITEM	PRICE
Sun - Harvest Cheddar 40g 40 g - Harvest Cheddar	\$3.89
Lays - Ketchup 40g 40 g - Ketchup	\$3.89
Miss Vickie's - Sea Salt and Malt Vinegar 40g 40 g - Sea Salt & Malt Vinegar	\$3.89
Lays - Classic 40g 40 g - Classic	\$3.89
Ruffles - All Dressed 40g 40 g - All Dressed	\$3.89
Glaceau - Vitamin Water Bottle	
ITEM	PRICE
Multi - v - Lemonade 591ml 591ML - Lemonade	\$4.75
XXX - Acai Blueberry Pomegranate 591ml 591ML - Acai Blueberry Pomegranate	\$4.75
Essential - Orange 591ml 591ML - Orange	\$4.75
Milk 1% M.F. - Bottle	
ITEM	PRICE
Chocolate 473ML - Made with Fresh Milk	\$4.75
Premium Bottle Juice Drinks	
ITEM	PRICE
Minute Maid JTG Apple Bottle, 355 mL Minute Maid 100% Pure Apple Juice from concentrate.	\$4.75
Simply Orange Pulp Free Orange Juice 340mL No preservatives, no sugar added and never concentrated	\$4.75
Premium Bottle Drinks	
ITEM	PRICE
Nestea Lemon Tea 500ML	\$3.75

Bottle Drinks

ITEM	PRICE
Diet Coke Bottle, 500 mL Refreshing, crisp taste pairs perfectly with a meal or with friends. No Calories, sugar-free	\$4.75
Sprite Bottle, 500 mL Made with 100% natural flavours united in the iconic lemon-lime taste	\$4.75
Canada Dry Ginger Ale 500ML	\$4.75
Dasani Water Bottle, 591 mL Bottled water with a proprietary blend of minerals for a pure, fresh taste	\$4.75
Coca-Cola Bottle, 500 mL Coca-Cola Classic is the authentic cola that is always refreshing and part of the fun.	\$4.75
Coca-Cola Zero Sugar Can, 355 mL Refreshing, crisp taste pairs perfectly with a meal or with friends	\$4.75