



Mr. Sub (CA)

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

[Fast Food Industry →](#)



The 2025 US Pizza Restaurants & Industry Trends Report

[Pizza Industry →](#)



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

[Fast Casual Industry →](#)



2025 US Dining Restaurants & Industry

MARKET RESEARCH

[Casual Dining Industry →](#)

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FEATURED

ITEM	PRICE
68 Sub Sauce 68 Sub Sauce	\$6.99

PREMIUM SUBS

ITEM	PRICE
Large Steak and Cheese Sub false	\$13.76
Large Ultimate Club Sub Calling all meat lovers! Sliced RWA turkey, RWA ham, succulent roast beef, crispy bacon, cheddar cheese, lettuce, tomato...	\$13.76
Large Louisiana Pepper Chicken Sub Wrap your taste buds around this pepper seasoned chicken. (720 Cals)	\$13.76
Small Steak and Cheese Sub How do you take your steak? (320 Cals)	\$9.84
Small Ultimate Club Sub Tranches fines de dinde et de jambon, savoureux rôti de bœuf, bacon croustillant, cheddar fondant, laitue croquante, tom...	\$9.84
Small Louisiana Pepper Chicken Sub Doux morceaux de poulet assaisonnés au poivre nichés dans un pain sub. (360 Cal)	\$9.84

SIGNATURE SUBS

ITEM	PRICE
Large Canadian Club Sub Un grand sous-marin garni de bacon croustillant, de dinde et de jambon issus de pratiques agricoles responsables. (780 C...	\$13.54
Large Grilled Chicken Sub This sub is made with all-white-meat grilled chicken strips sourced from Canadian farms. (620 Cals)...	\$13.20
Large Buffalo Chicken Sub Buffalo Chicken Sub	\$13.20
Large Spicy Breaded Chicken Sub Sink your teeth into crispy spicy breaded chicken breast. (880 Cals)	\$13.54
Large Chicken Parm Sub Une touche italienne authentique : morceaux de poulet pané, nappés d'une sauce marinara, garnis de fromage parmesan fond...	\$13.54
Small Spicy Breaded Chicken Sub Sink your teeth into crispy spicy breaded chicken breast. (440 Cals)...	\$9.73
Small Canadian Club Sub Feast on this sub made with crispy bacon, sliced RWA turkey and RWA ham. (390 Cals)...	\$9.73
Large Breaded Chicken Sub Crispy breaded chicken breast with your choice of toppings	\$13.54
Small Grilled Chicken Sub Fines tranches de poulet blanc grillé, provenant directement des fermes canadiennes, garnissent délicieusement ce petit...	\$9.51
Small Chicken Parm Sub Une touche italienne en format réduit! Poulet pané nappé de sauce marinara, agrémenté de fromage parmesan fondu, d'oigno...	\$9.73
Small Buffalo Chicken Sub false	\$9.51
Small Breaded Chicken Sub Crispy breaded chicken breast with your choice of toppings	\$9.73

PROTEIN PACKED SUBS

ITEM	PRICE
Large Turkey Sub A healthy helping of sliced RWA turkey. All the pleasure without the guilt. (580 Cals)...	\$12.08
Large Seafood Sub Dive into this sub filled with a delicious crab and light mayo mixture. (700 Cals)...	\$12.08
Small Turkey Sub Tranches de dinde RWA finement coupées, servies sur un pain frais, pour un déjeuner léger et savoureux. (290 Cals)	\$8.39
Large Roast Beef and Cheddar Sub (660 Cals)	\$12.53
Large BLT Sub Bacon, lettuce and tomato and light mayo (680 Cals)	\$12.08
Small Seafood Sub Dive into this sub filled with a delicious crab and light mayo mixture. (350 Cals)...	\$8.39
Large Albacore Tuna Sub Un pain fraîchement cuit rempli de thon albacore mélangé à une onctueuse mayonnaise. Nourrissant et rempli de saveurs ma...	\$12.08
Small BLT Sub False	\$8.39
Small Roast Beef and Cheddar Sub false	\$8.95
Small Albacore Tuna Sub Always a tasty choice, MR.SUB's albacore tuna is mixed with mayonnaise. (320 Cals)...	\$8.39

SELECT SUBS

ITEM	PRICE
Large Meatball Sub Meatballs, Mr. Sub cheese covered in marinara sauce (900 Cals)	\$11.08
Small Meatball Sub Meatballs, Mr. Sub cheese covered in marinara sauce (450 Cals)	\$8.16
Large Smoked Meat Sub Un généreux sous-marin à la montréalaise garni de viande fumée savoureuse.	\$12.53
Small Smoked Meat Sub A delicious Montreal-style sub loaded with smoked meat. (340 Cals)	\$8.95
Small Double Stacked Smoked Meat Sub A delicious Montreal-style sub loaded with smoked meat. (420 Cals)	\$12.29
Large Double Stacked Smoked Meat Sub A delicious Montreal-style sub loaded with smoked meat. (840 Cals)	\$18.45

CLASSIC SUBS

ITEM	PRICE
Large RWA - Assorted Sub Salami savoureux, jambon tendre et viande de charcuterie bien placée, avec des viandes élevées sans antibiotiques qui re...	\$10.63
Large Pizza Sub Savourez les saveurs de la pizza réunies dans un sous-marin! Garnie de salami RWA, nappée de sauce tomate, et généreusem...	\$10.52
Small RWA - Assorted Sub Une création classique qui remonte à 1968, avec des viandes sans antibiotiques. Cette petite sous-marin réunissant salam...	\$7.16

ITEM	PRICE
Large Veggie and Cheese Sub A healthier option. Feel free to add any other veggies to fill it up. Served with two slices of cheese. (560 Cals)...	\$10.29
Large Ham Sub RWA ham layered with cheese, fresh lettuce and tomatoes, then drizzled with your choice of sauce. (600 Cals)...	\$10.52
Small Ham Sub RWA ham layered with cheese, fresh lettuce and tomatoes, then drizzled with your choice of sauce. (300 Cals)...	\$7.16
Small Pizza Sub false	\$7.16
Large Italian Salami Sub Italian Salami meat with your choice of toppings. (680 cals)	\$10.52
Small Veggie and Cheese Sub A healthier option. Feel free to add any other veggies to fill it up. Served with two slices of cheese. (280 Cals)...	\$6.82
Small Italian Salami Sub Italian Salami meat with your choice of toppings. (340 Cals)	\$7.16

MIGHTY MEATLESS SUBS

ITEM	PRICE
Large Gardein Meatless Meatball Sub Trois boulettes sans viande Gardein nappées de sauce marinara et garnies du fromage signature Mr. Sub.	\$12.87
Large Tex-Mex Black Bean Sub Un pain garni de morceaux de haricots noirs épicés, agrémenté de votre sélection de fromage et de garnitures. (1050 Cals...	\$12.87
Small Gardein Meatless Meatball Sub Une bouchée savoureuse avec trois boulettes sans viande, accompagnées du fromage emblématique de Mr. Sub et nappées d'un...	\$9.17
Small Tex-Mex Black Bean Sub Packed with flavours from spicy black bean bites and topped with your choice of cheese and toppings. (520 Cals)...	\$9.17

SPECIALTY WRAPS

ITEM	PRICE
Chipotle Turkey and Bacon Wrap A delicious blend of RWA turkey and bacon, french fried onions in chipotle sauce...	\$10.18
South West Thai Chicken Wrap You’ve never had a wrap like this! All-white-meat and Canadian farm-raised grilled chicken strips, lettuce, french fried...	\$10.18
Peppery Chicken Caesar Wrap Poulet assaisonné au poivre, accompagné de laitue croquante, d'oignons frits à la française et de parmesan.	\$10.52

SMALL COMBOS

ITEM	PRICE
Small Ultimate Club Sub Combo Small Ultimate Club Sub Combo	\$13.64
Small Turkey Sub Combo Small Turkey Sub Combo	\$12.19
Small Spicy Breaded Chicken Sub Combo Small Spicy Breaded Chicken Sub Combo	\$13.53
Small BLT Sub Combo false	\$12.19

ITEM	PRICE
Small Canadian Club Sub Combo false	\$13.53
Small Ham Sub Combo false	\$10.96
Small Steak and Cheese Sub Combo Small Steak & Cheese Sub Combo	\$13.64
Small Buffalo Chicken Sub Combo Small Buffalo Chicken Sub Combo	\$13.31
Small Seafood Sub Combo Small Seafood Sub Combo	\$12.19
Small Pizza Sub Combo false	\$10.96
Small Peppery Chicken Caesar Wrap Combo Small Peppery Chicken Caesar Wrap Combo	\$14.32
Small Chipotle Turkey and Bacon Wrap Combo Small Chipotle Turkey & Bacon Wrap Combo	\$13.98
Small Smoked Meat Sub Combo Small Smoked Meat Sub Combo	\$12.75
Small Meatball Sub Combo false	\$11.96
Small Louisiana Pepper Chicken Sub Combo false	\$13.64
Small Grilled Chicken Sub Combo false	\$13.31
Small Chicken Parm Sub Combo Small Chicken Parm Sub Combo	\$13.53
Small Breaded Chicken Sub Combo Small Breaded Chicken Sub Combo	\$13.53
Small Albacore Tuna Sub Combo Small Albacore Tuna Sub Combo	\$12.19
Small Roast Beef and Cheddar Sub Combo Le combo du petit sous-marin au rôti de bœuf et cheddar propose de tendres tranches de rôti de bœuf, délicatement déposé...	\$12.75
Small Double Stacked Smoked Meat Sub Combo Small Double Stacked Smoked Meat Sub Combo...	\$16.09
Small RWA - Assorted Sub Combo Small RWA - Assorted Sub Combo	\$10.96
Small Veggie and Cheese Sub Combo Small Veggie & Cheese Sub Combo	\$10.96
Small Italian Salami Sub Combo false	\$10.96
Small Gardein Meatless Meatball Sub Combo false	\$12.97
Small Tex-Mex Black Bean Sub Combo Petit sous-marin Tex-Mex aux haricots noirs avec combo	\$12.97
Small South West Thai Chicken Wrap Combo Small South West Thai Chicken Wrap Combo	\$13.98

Large Combos	
Item	Price
Large Veggie and Cheese Sub Combo Large Veggie & Cheese Sub Combo	\$14.09
Large RWA - Assorted Sub Combo Large RWA - Assorted Sub Combo	\$14.43
Large Turkey Sub Combo false	\$15.88
Large Meatball Sub Combo Large Meatball Sub Combo	\$14.88
Large Spicy Breaded Chicken Sub Combo Large Spicy Breaded Chicken Sub Combo	\$17.34
Large Louisiana Pepper Chicken Sub Combo Large Louisiana Pepper Chicken Sub Combo	\$17.56
Large Pizza Sub Combo false	\$14.32
Large Canadian Club Sub Combo false	\$17.34
Large Breaded Chicken Sub Combo false	\$17.34
Large Chicken Parm Sub Combo Large Chicken Parm Sub Combo	\$17.34
Large Steak and Cheese Sub Combo Large Steak & Cheese Sub Combo	\$17.56
Large Italian Salami Sub Combo Large Italian Salami Sub Combo	\$14.32
Large BLT Sub Combo false	\$15.88
Large Gardein Meatless Meatball Sub Combo Large Gardein™ Meatless Meatball Sub Combo	\$16.67
Large Ultimate Club Sub Combo Large Ultimate Club Sub Combo	\$17.56
Large Grilled Chicken Sub Combo Large Grilled Chicken Sub Combo	\$17.00
Large Buffalo Chicken Sub Combo false	\$17.00
Large Albacore Tuna Sub Combo false	\$15.88
Large Roast Beef and Cheddar Sub Combo false	\$16.33
Large Seafood Sub Combo Large Seafood Sub Combo	\$15.88
Large Smoked Meat Sub Combo Large Smoked Meat Sub Combo	\$16.33
Large Double Stacked Smoked Meat Sub Combo Large Double Stacked Smoked Meat Sub Combo...	\$22.25

ITEM	PRICE
Large Ham Sub Combo false	\$14.32
Large Tex-Mex Black Bean Sub Combo Large Tex-Mex Black Bean Sub Combo	\$16.67
ON THE SIDE	
ITEM	PRICE
Cookies (1 Cookie) MR.SUB's cookies are freshly baked and oozing with goodness.	\$1.31
Cookies (2 Cookies) MR.SUB's cookies are freshly baked and oozing with goodness.	\$2.29
Cookies (3 Cookies) Un trio de biscuits tout juste sortis du four, parfaits pour une pause sucrée.	\$2.90
Homestyle Brownie false	\$2.63
Pickle Spears Lances de cornichons à l'aneth croustillants. Servis par quatre pour chaque portion.	\$2.29
ENTRÉE SALADS	
ITEM	PRICE
Caesar Salad A classic blend of crisp lettuce tossed with real bacon, shredded parmesan cheese, crunchy croutons and a thick creamy h...	\$8.95
Greek Salad A colourful medley of fresh tomatoes, cucumber, and red onions, mixed with feta cheese and sliced black olives...	\$8.05
Garden Salad A fresh blend of crisp lettuce, onions, tomatoes, green peppers, cucumbers and shredded mozzarella and cheddar....	\$8.05
KIDS' MEAL	
ITEM	PRICE
Assorted Sub Kids' Meal Un pain garni emblématique comprenant salami RWA, jambon, viande froide, fromage, laitue émincée et notre sauce spéciale...	\$7.49
Ham Sub Kids' Meal Sliced RWA ham served in a kid-sized sub with your choice of milk and cookie....	\$7.49
Turkey Sub Kids' Meal Savoury RWA turkey served with your choice of milk and cookie.	\$7.49
THIRST QUENCHERS	
ITEM	PRICE
Bottled Soft Drink Bottled Soft Drink	\$3.21
Chocolate Milk (Small) false	\$2.52
Chocolate Milk (Large) Lait chocolaté doux et rafraîchissant.	\$3.44

ITEM	PRICE
Canned Pop false	\$2.29
Cool Blue Gatorade Cool Blue Gatorade	\$3.67
Pure Leaf (Pure Leaf Lemon) Pure Leaf	\$3.55
Pure Leaf (Pure Leaf Raspberry) Pure Leaf	\$3.55
Dole Juice false	\$3.21
Aquafina Water - the original thirst quencher.	\$2.98
White Milk (Small) Nutritious and delicious white milk	\$2.52
White Milk (Large) Nutritious and delicious white milk	\$3.44