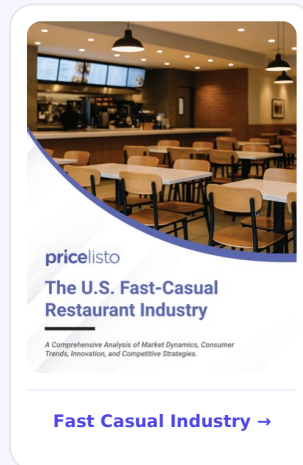




Cora Breakfast and Lunch (CA)

Menu Prices — August 22, 2026

Restaurant & Food Industry Reports



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Sandwiches

ITEM	PRICE
Tuna melt with potatoes (1020 Cals.) Tuna salad sandwich with sliced cheese. Served with potatoes.	\$17.25
Tuna melt with fruit (870 Cals.) Tuna salad sandwich with sliced cheese. Served with fresh fruit.	\$19.55
Tuna melt (660 Cals.) Tuna salad sandwich with sliced cheese.	\$14.95
3-meat burger with potatoes (1300 Cals.) Juicy beef patty, ham, bacon, kale slaw, house mayonnaise and cheese slices in a brioche bun. Served with potatoes (1300...	\$20.45
Bagel and lox with fresh fruit (750 Cals.) Smoked salmon and cream cheese topped with tomatoes, red onions and capers. Served with fresh fruit.	\$22.95
Bagel and lox (500 Cals.) Un bagel garni de saumon fumé et de fromage à la crème, parsemé de tomates, oignons rouges et câpres.	\$18.35
Nacho grilled cheese with potatoes (910 Cals.) Sandwich au poulet grillé accompagné de chips de maïs écrasées au fromage, garnies de guacamole, salsa, olives noires et...	\$20.45
Smoked meat panini with potatoes (1190 Cals.) (Sandwiches) Eggs, Montréal smoked meat, Swiss cheese, dill pickle and yellow mustard, all rolled up in a turmeric crêpe and then gri...	\$24.65
Panini viande fumée avec fruits frais (1020 Cal.) Oeufs, viande fumée de Montréal, fromage suisse, cornichon à l'aneth et moutarde jaune. Roulé dans une crêpe au curcuma...	\$26.95
Burger 3 viandes avec fruits frais Juteuse galette de boeuf, jambon, bacon, salade de chou kale, mayonnaise maison et fromage en tranche, dans un pain brio...	\$22.75
Bagel and lox with potaotes (860 Cals.) Smoked salmon and cream cheese topped with tomatoes, red onions and capers. Served with potatoes.	\$20.65
Nacho grilled cheese with fresh fruit (740 Cals.) Grilled chicken breast sandwich with crushed cheese corn chips, guacamole, salsa, black olives and cheese slices. Served...	\$22.75

A little extra!

ITEM	PRICE
Pure maple syrup (70 Cals.) false	\$1.15
Meat or protein (130 - 530 Cals.) Choice of one meat or vegetable protein: bacon, sausage, ham, bologna, turkey sausage, frankfurters, baked beans with po...	\$0.00
Hollandaise sauce (330 Cals.) An individual portion of hollandaise sauce.	\$3.75
Potatoes (240 Cals.)	\$3.95
Cora-style poutine (630 Cals.) Potatoes with cheese curds and hollandaise sauce.	\$6.05
Cocoa-hazelnut custard (390 Cals.) An individual portion of cocoa-hazelnut custard.	\$3.75
English cream Cora-style (150 Cals.) An individual portion of English cream Cora-style.	\$3.75
Salted Caramel (440 Cals.) An individual portion of salted caramel.	\$4.55
Custard (160 Cals.) An individual portion of custard.	\$3.75

ITEM	PRICE
Cocoa-hazelnut spread (850 Cals.) false	\$4.55
Ramekin of fruit (80 Cals.) false	\$5.15
Cheddar cheese (250 Cals.) An individual portion of cheddar cheese.	\$4.55
Swiss cheese (100 Cals.) An individual portion of Swiss cheese.	\$3.75
Cottage cheese (120 Cals.) An individual portion of cottage cheese.	\$3.75
Cream cheese (90 Cals.) An individual portion of cream cheese.	\$1.65
Toast (80 - 260 Cals.)	\$3.95

Fresh fruit

ITEM	PRICE
Large bowl of fresh fruit with toast (170 Cals.) Bowl of fresh fruit with choice of toast. For a gluten-sensitive option, select gluten-free bread.	\$12.65
Peggy’s poached (480 Cals.) Poached egg on whole wheat toast, with cottage cheese and fresh fruit.	\$18.35
Bowl of fresh fruit (170 Cals.) false	\$9.75

Waffles

ITEM	PRICE
Waffle with bananas (980 - 990 Cals.) Gaufre accompagnée de bananes, nappée de crème pâtissière. Choisissez entre une touche de caramel salé ou une crème de n...	\$19.55
Waffle with fresh fruit (1645 Cals.) (Table syrup) Waffle with custard.	\$19.55
Waffle with fresh fruit (1645 Cals.) (Maple syrup (70 Cals.)) Waffle with custard.	\$20.70
Waffle with fresh fruit (1645 Cals.) (No syrup) Waffle with custard.	\$19.55
Waffle with strawberries (710 Cals.) (Table syrup) Waffle served with custard and strawberry sauce.	\$20.65
Waffle with strawberries (710 Cals.) (Maple syrup (70 Cals.)) Waffle served with custard and strawberry sauce.	\$21.80
Waffle with strawberries (710 Cals.) (No syrup) Waffle served with custard and strawberry sauce.	\$20.65

French Toast

ITEM	PRICE
Surprise (590 - 630 Cals.) Un sandwich composé d'un œuf, de jambon ou de bacon, et de fromage suisse, trempé dans une pâte à pain doré, servi avec...	\$19.55

ITEM	PRICE
1990's Harvest (1020 Cals.)	\$20.45
Brioche dipped in French toast batter and garnished with an egg, bacon and fresh fruit.	
Brioche for Elise (1380 Cals.)	\$20.45
Our brioche dipped in French toast batter served warm with a mix of strawberries, blueberries and harvest crunch, and ga...	
Strawberry avalanche (620 Cals.) (Table syrup)	\$19.85
Two slices of egg bread dipped in French toast batter smothered with warm strawberries and strawberry sauce.	
Strawberry avalanche (620 Cals.) (Maple syrup (70 Cals.))	\$21.00
Two slices of egg bread dipped in French toast batter smothered with warm strawberries and strawberry sauce.	
Strawberry avalanche (620 Cals.) (No syrup)	\$19.85
Two slices of egg bread dipped in French toast batter smothered with warm strawberries and strawberry sauce.	
French toast with meat (620 - 740 Cals.)	\$15.85
Two slices of egg bread dipped in French toast batter, with one choice of bacon (640 Cals.), sausages (940 Cals.), turke...	
French toast with fresh fruit (630 Cals.) (Table syrup)	\$18.15
Two slices of egg bread dipped in French toast batter, served with fresh fruit.	
French toast with fresh fruit (630 Cals.) (Maple syrup (70 Cals.))	\$19.30
Two slices of egg bread dipped in French toast batter, served with fresh fruit.	
French toast with fresh fruit (630 Cals.) (No syrup)	\$18.15
Tranches de pain tendre trempées dans une préparation de pain doré, accompagnées de fruits frais de saison.	

Eggs

ITEM	PRICE
Jo Construction (1060 Cals.) (Eggs)	\$19.55
Trois œufs accompagnés de trois saucisses et de trois tranches de bacon, servis avec une généreuse portion de pommes de...	
Rosemary's Sunday (1190 Cals.) (Eggs)	\$20.65
Two eggs, bacon, two delicious blueberry pancakes and potatoes.	
Gargantuan breakfast (1250 Cals.)	\$21.85
Two eggs, bacon, ham, sausage, Peameal bacon, a blueberry pancake and potatoes.	
Cora's Special (1100 Cals.)	\$20.05
Two eggs, bacon, ham, sausage, a pancake and potatoes.	
2 eggs with fruit (350 Cals.)	\$17.25
1 egg, choice of accompaniment and potatoes (490 - 890 Cals.)	\$13.15
Choice of accompaniment: bacon, ham, sausages, frankfurters, turkey sausages, peameal bacon, bologna, cretons, baked bea...	
2 eggs, choice of accompaniment and potatoes (620 - 960 Cals.)	\$13.75
Choice of accompaniment: bacon, ham, sausages, frankfurters, turkey sausages, peameal bacon, bologna, cretons, baked bea...	
3 eggs, choice of accompaniment and potatoes (620 - 1020 Cals.)	\$14.35
Choice of accompaniment: bacon, ham, sausages, frankfurters, turkey sausages, peameal bacon, bologna, cretons, baked bea...	
1 egg with fruit (270 Cals.)	\$16.65
3 eggs with fruit (410 Cals.)	\$17.75
false	

Skillets

ITEM	PRICE
10 star skillet (860 Cals.) (Skillets)	\$21.05
Bacon, ham, sausages, frankfurters, bologna, spinach, green onions, tomatoes, onions, red and green peppers, mushrooms,...	

ITEM	PRICE
Theo's skillet (660 Cals.) Broccoli, cauliflower, carrots, red and green peppers, tomatoes, onions, green onions, mushrooms, spinach, with cheddar...	\$21.05
Chorizo-ham Skillet (840 Cals.) Chorizo, ham, sun-dried tomatoes, mushrooms, caramelized onions, covered in hollandaise sauce.	\$21.05
Western Skillet (710 Cals.) Une poêle bien campagnarde garnie de jambon savoureux, d'oignons croquants, de poivrons rouges et verts, de tomates jute...	\$21.05

Savoury Omelettes

ITEM	PRICE
Western Omelette (730 Cals.) Fausses branches de jambon, oignons doux, poivrons rouges et verts, tomates juteuses et oignons verts frais enveloppés da...	\$19.55
10 star omelette (1050 Cals.) Une omelette généreuse combinant bacon, jambon, saucisses, saucissons, mortadelle avec une touche de légumes frais : épi...	\$20.45
Smoked salmon omelette (700 Cals.) Smoked salmon, capers and minced red onions. Omelette also available in egg white only.	\$22.95
Spinach and cheddar omelette (760 Cals.) Spinach and Cheddar cheese. Omelette also available in egg white only.	\$18.35
Theo's omelette (870 Cals.) Broccoli, cauliflower, carrots, tomatoes, red and green peppers, onions, mushrooms, green onions, spinach and Cheddar ch...	\$20.05
Tomatoes, bacon and goat cheese omelette (630 Cals.) Tomatoes, bacon, green onions and goat cheese. Omelette also available in egg white only.	\$18.95
Gigi Omelette (gluten sensitive option) (970 Cals.) (Savoury Omelettes) Egg-white omelette with mushrooms, spinach, caramelized onions and goat cheese, served with fresh fruit	\$21.25

Crêpomelettes

ITEM	PRICE
Chorizo and goat cheese crêpomelette (1150 Cals.) Chorizo, goat cheese, sun-dried tomatoes and spinach, covered in hollandaise sauce, served with potatoes.	\$20.45
Western-cheddar crêpomelette (1240 Cals.) (Crêpomelettes) Ham, onions, red and green peppers, tomatoes, green onions and cheddar cheese, covered in hollandaise sauce, served with...	\$20.45
Spinach and cheddar crêpomelette (1140 Cals.) Spinach and cheddar, covered in hollandaise sauce, served with potatoes.	\$20.45

Featured items

ITEM	PRICE
Jo Construction (1060 Cals.) Three eggs, three sausages and three slices of bacon served with potatoes.	\$19.55
Louis the undecided (1150 Cals.) Two eggs, bacon and potatoes served with a scrumptious crêpe filled with bananas, strawberries and creamy cocoa-hazelnut...	\$20.65
Rosemary's Sunday (1190 Cals.) Two eggs, bacon, two delicious blueberry pancakes and potatoes.	\$20.65
Mountain of bananas on a waffle (choco-hazelnut custard or salted caramel) for Adam (1160 - 1200 Cals.) Waffle with custard and bananas slices, garnished with choice of salted caramel (1200 Cals.) or cocoa-hazelnut custard (...)	\$20.65
Cora orange juice (180 Cals.)	\$5.15

ITEM	PRICE
Jessica born in 89 (custard or choco-hazelnut) (1000 - 1150 Cals.)	\$20.65
Crêpe generously garnished with fresh fruits, choice ofcustard (1000Cals.) or cocoa-hazelnut spread (1150 Cals.). Served...	

Pancakes

ITEM	PRICE
Triple chocolate pancakes (1480 Cals.) (Table syrup)	\$18.15
Un trio de pancakes au cacao parsemés de pépites de chocolat, accompagné de bananes fraîches et nappé d'une onctueuse pâ...	
Triple chocolate pancakes (1480 Cals.) (Maple syrup (70 Cals.))	\$19.30
Pancakes au cacao triplé agrémentées de pépites de chocolat, avec des tranches de bananes juteuses. À côté, une onctueus...	
Triple chocolate pancakes (1480 Cals.) (No syrup)	\$18.15
Three cocoa pancakes with chocolate chips, accompanied by bananas, and served with cocoa-hazelnut custard.	
Blueberry Fields Pancakes (1130 Cals.) (Table syrup)	\$18.15
Three blueberry pancakes served with a generous portion of English cream Cora-style.	
Blueberry Fields Pancakes (1130 Cals.) (Maple syrup (70 Cals.))	\$19.30
Three blueberry pancakes served with a generous portion of English cream Cora-style.	
Blueberry Fields Pancakes (1130 Cals.) (No syrup)	\$18.15
Three blueberry pancakes served with a generous portion of English cream Cora-style.	
Strawberry-banana pancakes (1090 Cals.) (Table syrup)	\$18.15
Three layers of pancakes and a delicious mix of strawberries and bananas, with strawberry sauce and served with English...	
Strawberry-banana pancakes (1090 Cals.) (Maple syrup (70 Cals.))	\$19.30
Three layers of pancakes and a delicious mix of strawberries and bananas, with strawberry sauce and served with English...	
Strawberry-banana pancakes (1090 Cals.) (No syrup)	\$18.15
Three layers of pancakes and a delicious mix of strawberries and bananas, with strawberry sauce and served with English...	
Pancakes with meat (940 - 1180 Cals.) (Table syrup)	\$16.95
Three pancakes served with one choice of bacon (980 Cals.), sausages (1180 Cals.), turkey sausages (960 Cals.) or ham (9...	
Pancakes with meat (940 - 1180 Cals.) (Maple syrup (70 Cals.))	\$18.10
Trois pancakes accompagnés de votre choix de bacon, de saucisses, de saucisses de dinde ou de jambon. Maple syrup dispon...	
Pancakes with meat (940 - 1180 Cals.) (No syrup)	\$16.95
Trois crêpes accompagnées de votre choix de bacon, saucisses, saucisses de dinde ou jambon. Un classique du matin qui sa...	
Pancakes with fresh fruit (890 Cals.) (Table syrup)	\$18.15
Three pancakes served with fresh fruit.	
Pancakes with fresh fruit (890 Cals.) (Maple syrup (70 Cals.))	\$19.30
Three pancakes served with fresh fruit.	
Pancakes with fresh fruit (890 Cals.) (No syrup)	\$18.15
Three pancakes served with fresh fruit.	

Crêpes

ITEM	PRICE
Spinach and cheddar crêpe (900 Clas.)	\$19.55
Crêpe made with a blend of regular, buckwheat-sorghum flour and spinach with cheddar cheese. Garnished with cheddar, kal...	
Banana Blast (1060 Cals.) (Crêpes)	\$18.95
Crêpe filled with bananas and cocoa-hazelnut spread.	
Sunshine panini-crêpe (860 - 870 Cals.) (Crêpes)	\$20.45
Delicious crêpe rolled and grilled filled, with eggs, ham (870 Cals.) or bacon (860 Cals.) and Cheddar cheese, all serve...	
Tasty strawberries (710 - 890 Cals.)	\$20.65
Crêpe filled with strawberries and even more strawberries served with custard (710 Cals.) or cocoa-hazelnut spread (890...	

ITEM	PRICE
Crêpes with meat (1000 - 1240 Cals)	\$16.95
Three tasty crêpes made with regular or buckwheat-sorghum flour (gluten sensitive option). One choice of bacon, sausages...	
The boss' favorite (1280 Cals.)	\$20.65
Two eggs, two bacon and two sausages served on a delicious crêpe filled with cheddar cheese. Garnished with kale and you...	
April 89 with cocoa-hazelnut (960 Cals.)	\$20.65
Crêpe filled with fresh fruit and cocoa-hazelnut spread.	
Crêpes with fresh fruit (940 Cals.)	\$18.15
Three tasty crêpes made with regular or buckwheat-sorghum flour (gluten sensitive option). Served with fresh fruit....	

Teens' favourites

ITEM	PRICE
Morning hot dogs (1030 Cals.)	\$15.25
Saucisses, bacon croustillant et fromage fondu, enveloppés dans des crêpes savoureuses. Accompagnés de pommes de terre.	
Breakfast Poutine (1330 Cals.) (Teens' favourites)	\$18.95
Potatoes, cheese curds, frankfurters, bacon, caramelized onions and red peppers, topped with an egg and delicious hollan...	
Burrito crêpe (1240 Cals.)	\$19.55
A delicious crêpe stuffed with eggs, a black bean patty, red and green peppers, onions, green onions and cheddar cheese....	
Brunch burger (1160 Cals.)	\$20.05
Big sandwich made with Cora's tasty beef burger, a cheese omelette, bacon, lettuce, tomato and hollandaise sauce. Served...	
The Club (1360 Cals.)	\$21.85
Impressive sandwich with chicken, bacon, lettuce, tomatoes, plus ham and Swiss cheese. Served with potatoes.	

Eggs Ben et Dictine

ITEM	PRICE
Ham Ben et Dictine (780 - 1470 Cals.) (1 Egg (780 Cals.))	\$18.35
One, two or three eggs Ben et Dictine - Ham	
Ham Ben et Dictine (780 - 1470 Cals.) (2 Eggs (1240 Cals.))	\$20.65
One, two or three eggs Ben et Dictine - Ham	
Ham Ben et Dictine (780 - 1470 Cals.) (3 Eggs (1470 Cals.))	\$22.95
One, two or three eggs Ben et Dictine - Ham	
Spinach, caramelized onions, mushrooms and goat cheese Ben et Dictine (990 - 1550 Cals.) (1 Egg (990 Cals.))	\$18.35
One, two or three eggs Ben et Dictine - Spinach, caramelized onions, mushrooms and goat cheese.	
Spinach, caramelized onions, mushrooms and goat cheese Ben et Dictine (990 - 1550 Cals.) (2 Eggs (1190 Cals.))	\$20.65
One, two or three eggs Ben et Dictine - Spinach, caramelized onions, mushrooms and goat cheese.	
Spinach, caramelized onions, mushrooms and goat cheese Ben et Dictine (990 - 1550 Cals.) (3 Eggs (1550 Cals.))	\$22.95
One, two or three eggs Ben et Dictine - Spinach, caramelized onions, mushrooms and goat cheese.	
Tomatoes, bacon and green onions Ben et Dictine (840 - 1620 Cals.) (1 Egg (840 Cals.))	\$18.35
One, two or three eggs Ben et Dictine - Tomatoes, bacon and green onions.	
Tomatoes, bacon and green onions Ben et Dictine (840 - 1620 Cals.) (2 Eggs (1240 Cals.))	\$20.65
One, two or three eggs Ben et Dictine - Tomatoes, bacon and green onions.	
Tomatoes, bacon and green onions Ben et Dictine (840 - 1620 Cals.) (3 Eggs (1620 Cals.))	\$22.95
Des œufs Ben et Dictine servis avec tomates fraîches, bacon croustillant et oignons verts. Choisissez entre une, deux ou...	
Smoked salmon Ben et Dictine (780 - 1490 Cals.) (1 Egg (780 Cals.))	\$21.85
Œufs Ben et Dictine au saumon fumé, disponibles en une, deux ou trois portions.	
Smoked salmon Ben et Dictine (780 - 1490 Cals.) (2 Eggs (1150 Cals.))	\$24.15
One, two or three eggs Ben et Dictine - Smoked salmon.	

ITEM	PRICE
Smoked salmon Ben et Dictine (780 - 1490 Cals.) (3 Eggs (1490 Cals.))	\$27.55
One, two or three eggs Ben et Dictine - Smoked salmon.	
Ben et Dictine L'amateur de steak (1 Egg (880 Cals.)) (Eggs Ben et Dictine)	\$20.55
Un, deux ou trois oeufs Ben et Dictine – Lanières de boeuf, poivrons rouges et verts, oignons et échalotes, fromage ched...	
Ben et Dictine L'amateur de steak (2 Eggs (1300 Cals.)) (Eggs Ben et Dictine)	\$22.85
Un, deux ou trois oeufs Ben et Dictine – Lanières de boeuf, poivrons rouges et verts, oignons et échalotes, fromage ched...	
Ben et Dictine L'amateur de steak (3 Eggs (1720 Cals.)) (Eggs Ben et Dictine)	\$25.15
Un, deux ou trois oeufs Ben et Dictine – Lanières de boeuf, poivrons rouges et verts, oignons et échalotes, fromage ched...	
Montreal smoked meat Ben et Dictine (870 - 1680 Cals.) (1 Egg (870 Cals.)) (Eggs Ben et Dictine)	\$20.55
Ben et Dictine with one, two or three eggs – Montreal smoked meat and sautéed kale. Served on an English muffin, topped...	
Montreal smoked meat Ben et Dictine (870 - 1680 Cals.) (2 Egg (1270 Cals.)) (Eggs Ben et Dictine)	\$22.85
Ben et Dictine with one, two or three eggs – Montreal smoked meat and sautéed kale. Served on an English muffin, topped...	
Montreal smoked meat Ben et Dictine (870 - 1680 Cals.) (3 Eggs (1680 Cals.)) (Eggs Ben et Dictine)	\$25.15
Ben et Dictine with one, two or three eggs – Montreal smoked meat and sautéed kale. Served on an English muffin, topped...	
Sweet'n Salty	

ITEM	PRICE
Gabriel who’s crazy for Triple chocolate pancakes (1190 Cals.)	\$20.65
2 cocoa pancakes with chocolate chips, garnished with banana slices, cocoa-hazelnut custard and more chocolate chips. Se...	
Mountain of bananas on a waffle (choco-hazelnut custard or salted caramel) for Adam (1160 - 1200 Cals.) (Sweet'n Salty)	\$20.65
Waffle with custard and bananas slices, garnished with choice of salted caramel (1200 Cals.) or cocoa-hazelnut custard (...)	
Paul wants it all (970 Cals.)	\$20.65
Two eggs, bacon and potaotes served with a half-waffle topped with fresh fruit and custard....	
Our breakfast for the Club* (1090 Cals.)	\$20.65
Two eggs, bacon and French toast topped with bananas and salted caramel. * For each Breakfast for the Club ordered, 50¢...	
Strawberry avalanche for Fannie (950 Cals.)	\$20.65
Egg bread dipped in French toast batter and garnished with warm strawberries and strawberry sauce. Served with 2 eggs to...	
Jessica born in 89 (custard or choco-hazelnut) (1000 - 1150 Cals.) (Sweet'n Salty)	\$20.65
Crêpe garnie de manière copieuse, ornée de fruits frais, avec choix entre une crème pâtissière veloutée ou une pâte à ta...	
Louis the undecided (1150 Cals.) (Sweet'n Salty)	\$20.65
Deux œufs, accompagnés de bacon et de pommes de terre, servis avec une crêpe généreusement garnie de bananes, fraises et...	

Beverages	
ITEM	PRICE
Sparkling coffee (140 Cals.)	\$6.85
Iced coffee with a touch of fizz! Made with espresso, sparkling water, vanilla-flavoured syrup and milk.	
Smoothies (270 - 320 Cals.) (Smoothie Kale-Mango (350 Cals.))	\$6.05
Start your day more fruitfully with one of our delicious smoothies. Available in three varieties: kale-mango, strawberry...	
Smoothies (270 - 320 Cals.) (Smoothie Strawberry-Banana (320 Cals.))	\$6.05
Start your day more fruitfully with one of our delicious smoothies. Available in three varieties: kale-mango, strawberry...	
Fruit cocktail (110 - 200 Cals.) (Cocktail Passion fruit, blueberries-mango-orange)	\$6.25
Fill up on flavour and vitamins with one of our famous Fruit cocktails! Beet- cucumber-strawberries-mango, Passion fruit...	
Fruit cocktail (110 - 200 Cals.) (Cocktail Beet- cucumber-strawberries-mango)	\$6.25
Fill up on flavour and vitamins with one of our famous Fruit cocktails! Beet- cucumber-strawberries-mango, Passion fruit...	

ITEM	PRICE
Fruit cocktail (110 - 200 Cals.) (Cocktail Watermelon-guava-strawberries) Fill up on flavour and vitamins with one of our famous Fruit cocktails! Beet- cucumber-strawberries-mango, Passion fruit...	\$6.25
Maple café latté (130 Cals.)	\$5.15
Iced mochaccino (150 Cals.) false	\$6.05
Cora orange juice (180 Cals.) (Beverages) false	\$5.15
Regular coffee (0 Cals.)	\$3.75
Cappuccino (35 Cals.)	\$4.95
Mochaccino (140 Cals.)	\$5.45
Bottle of juice (130 Cals.) (Apple juice (130 Cals.))	\$3.15
Bottle of juice (130 Cals.) (Apple-grape juice (130 Cals.))	\$3.15
Soft Drinks (0 -140 Cals.)	\$0.00
Milk (180 Cals.)	\$4.35
Chocolate milk (230 Cals.)	\$4.55
Hot chocolate (110 Cals.) false	\$4.25
Perrier (0 Cals.) false	\$4.35
Soy beverage (140 Cals.)	\$4.35
Tea or herbal tea (0 Cals.)	\$4.15
Café latte (65 Cals.)	\$4.95

Cora's Favourite

ITEM	PRICE
Ben et Dictine L'amateur de steak (1 Egg (880 Cals.)) Un, deux ou trois oeufs Ben et Dictine – Lanières de boeuf, poivrons rouges et verts, oignons et échalotes, fromage ched...	\$20.55
Ben et Dictine L'amateur de steak (2 Eggs (1300 Cals.)) Deux œufs pochés nichés sur des tranches de bœuf tendre, accompagnés de poivrons rouges et verts sautés, d'oignons et de...	\$22.85
Ben et Dictine L'amateur de steak (3 Eggs (1720 Cals.)) Choisissez entre un, deux ou trois œufs, accompagnés de tendres lanières de bœuf, poivrons rouges et verts croquants, oi...	\$25.15
Louis the undecided (1150 Cals.) (Cora's Favourite) Two eggs, bacon and potatoes served with a scrumptious crêpe filled with bananas, strawberries and creamy cocoa-hazelnut...	\$20.65
Banana Blast (1060 Cals.) Crêpe filled with bananas and cocoa-hazelnut spread.	\$18.95
10 star skillet (860 Cals.) Bacon, ham, sausages, frankfurters, bologna, spinach, green onions, tomatoes, onions, red and green peppers, mushrooms,...	\$21.05
Montreal smoked meat Ben et Dictine (870 - 1680 Cals.) (1 Egg (870 Cals.)) Ben et Dictine with one, two or three eggs – Montreal smoked meat and sautéed kale. Served on an English muffin, topped...	\$20.55
Montreal smoked meat Ben et Dictine (870 - 1680 Cals.) (2 Egg (1270 Cals.)) Ben et Dictine with one, two or three eggs – Montreal smoked meat and sautéed kale. Served on an English muffin, topped...	\$22.85

ITEM	PRICE
Montreal smoked meat Ben et Dictine (870 - 1680 Cals.) (3 Eggs (1680 Cals.))	\$25.15
Ben et Dictine with one, two or three eggs – Montreal smoked meat and sautéed kale. Served on an English muffin, topped...	
Sunshine panini-crêpe (860 - 870 Cals.)	\$20.45
Delicious crêpe rolled and grilled filled, with eggs, ham (870 Cals.) or bacon (860 Cals.) and Cheddar cheese, all serve...	
Breakfast Poutine (1330 Cals.)	\$18.95
Potatoes, cheese curds, frankfurters, bacon, caramelized onions and red peppers, topped with an egg and delicious hollan...	
Gigi Omelette (gluten sensitive option) (970 Cals.)	\$21.25
Omelette aux blancs d'œufs garnie de champignons, épinards, oignons caramélisés et fromage de chèvre, accompagnée de fru...	
Western-cheddar crêpomelette (1240 Cals.)	\$20.45
Une crêpomelette garnie de jambon savoureux, d'oignons, de poivrons rouges et verts, de tomates juteuses, et de jeunes o...	
Smoked meat panini with potatoes (1190 Cals.)	\$24.65
Eggs, Montréal smoked meat, Swiss cheese, dill pickle and yellow mustard, all rolled up in a turmeric crêpe and then gri...	